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Solitude

Angela Lawson

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SOLITUDE

Alone I sat yet not alone,
Unburdened for a brief respite
From reaching out to understand.
Within myself I was, but not
Attached to things without,
Lonely, but not afraid.

Moments of nothingness prevailed,
No high, no low, no in-between insanity,
Just feeling where nothing cried to be felt,
Just seeing where nothing blurred my vision.

Undone, the moment now is slipping.
These words have brought the world back slowly.
I stand now on the outside looking in,
Alone with myself no more.

--*Angela Lawson*