

# Lights and Shadows

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## My Answer

Janet Vick

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"MY ANSWER"  
Janet Vick

Whirling, swimming, woozing my head  
Forgetting, soothing, swallowing my soul  
Spirits from the Great Twitch to keep  
myself from being broken  
Ah, would that I could stay always  
upon the strand of Kubla Khan.

Gratitude I bear to this dissolver of  
my desire circulating  
my needs penetrating,  
My reclamation perpetuating  
because 'tis far better to be an alcoholic than a neurotic.